

# How Sermorelin Works in the Body

Sermorelin works by mimicking the action of GHRH and by binding to receptors in the brain that trigger the release of growth hormone. It is important to note that sermorelin is not a growth hormone itself, but rather it stimulates the body's own growth hormone production.

When injected into the body, it causes the release of growth hormone from the pituitary gland. Sermorelin injections help to counteract decreases in muscle mass and bone density by stimulating the body's natural production of growth hormone.

Sermorelin comes in injection or pill format.



Performance Hydration Therapy

## Contact Us



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### Website

[www.performancehydrationtherapy.com](http://www.performancehydrationtherapy.com)



# PERFORMANCE HYDRATION THERAPY

# BENEFITS OF SERMORELIN PEPTIDE



# Benefits of Sermorelin

## Month 1

- Weight loss/body fat reduction
- Vivid dreams
- Better, sounder sleep
- Improved stamina
- Optimistic attitude

## Month 2

- Improved muscle tone
- Increased strength
- Improved skin tone
- Improved nail growth
- Better digestion
- Weight loss/body fat reduction
- Improved vision
- Enhanced sexual function

## Month 3

- Improved mental process
- Enhanced productivity
- Faster wound healing
- Hair re-growth
- Increased libido
- Increased muscle size
- Faster recovery from muscle soreness
- Reduced PMS symptoms
- Greater body flexibility
- Reduced pain

# Benefits of Sermorelin cont'd

## Month 4

- Heightened improvements with all of the above
- At times improvements may seem to diminish or plateau
- Rejuvenation is still in process. Benefits should resume with continued use

## Month 5

- Improved weight loss and reduction of inches
- Improved skin texture and appearance
- Skin thickening and greater elasticity
- Thickening of hair with a shiny, healthy appearance
- Continuation of improved muscle tone

## Month 6

- Diminished cellulite
- Improved resistance to colds, flu and other illnesses
- Improved eyesight
- Healing of old wounds
- Disappearance of pain and soreness
- Improved body contour

# Possible Side Effects of Sermorelin

While sermorelin injections are generally considered safe and well-tolerated by most, there are a few potential side effects to be aware of. These include:

**Injection site reactions:** Redness, swelling, and pain at the injection site are the most common side effects of sermorelin injections. These usually go away within a few days.

**Headache:** Some people may experience headaches after sermorelin injections. This is usually due to the body's reaction to the increased levels of HGH.

**Nausea:** Nausea is another common side effect of sermorelin injections, especially if the injections are given on an empty stomach.

**Dizziness:** Some people may feel dizzy or lightheaded after sermorelin injections. This is usually due to the body's reaction to the increased levels of HGH.

**Insomnia:** Insomnia is a rare but potential side effect of sermorelin injections. This is usually due to the body's reaction to the increased levels of HGH.